

COURSE NAME: PNE114 Nursing Theory I

Credit Value: 3
Total Course Hours: 42
Prerequisite Course(s): None
Corequisite Course(s): PNE118

COURSE DESCRIPTION

This course will introduce the learner to the theoretical and conceptual frameworks of health and healthy lifestyles using the nursing process. The dimensions of human needs across the lifespan, reflecting Gordon's Functional Health Patterns, will be explored with an emphasis on the significance of client self-responsibility, Determinants of Health and the change process. This course will utilize concepts from various social and biological sciences.

LAND ACKNOWLEDGEMENT

Canadore College resides on the traditional territory of the Anishinaabeg and within lands protected by the Robinson Huron Treaty of 1850. This land is occupied by the people of Nipissing First Nation, Treaty #10 in the Robinson Huron Treaty of 1850 since time immemorial.

PLAR INFORMATION

This course is not eligible for Prior Learning Assessment and Recognition.

COURSE LEARNING OUTCOMES

Upon completion of this course, the student will have reliably demonstrated the ability to:

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| 1.0 Explain the theoretical and conceptual frameworks of health. | education impact an individual's health |
| 1.1 Propose a personal definition of health and wellness. | 2.2 Defend the significance of an individual's biological and genetic endowment and gender on personal health. |
| 1.2 Compare and contrast models/frameworks of health and wellness including Gordon's Functional Health Patterns. | 2.3 Explain the effects of the physical environment on an individual's and community's health status. |
| 1.3 Explain the concepts of health promotion and health protection. | 2.4 Describe how culture, race, ethnicity and spirituality are relevant in health care. |
| 1.4 Discuss the relationship between empowerment and health. | 2.5 Explain the significance of an individual's perception of health, health practices, and coping skills on his/her health. |
| 1.5 Describe the meaning of lived experience in relationship to health. | 2.6 Examine present health services and how these impact present and future health statistics. |
| 1.6 Develop personal strategies to promote and protect health. | 2.7 Describe how health is viewed and impacted at different stages of the developmental cycle. |
| 1.7 Consider the roles of others in determining their own professional and interprofessional roles | 2.8 Examine the role of the family in an individual's choice of health practices. |
| 2.0 Describe the determinants of health and healthy lifestyles and how these impact client care. | 3.0 Identify concepts of holistic wellness (*physiologic, psycho social, spiritual etc) across |
| 2.1 Explain how socio-economic status and | |

the lifespan using Gordon's Functional Health Patterns. Consider how to assess the norms of healthy functioning and how health is impacted overall.

- 3.1 Role/relationship pattern.
- 3.2 Sexuality/reproductive pattern.
- 3.3 Self-perception/self-concept pattern.
- 3.4 Coping/stress tolerance pattern.
- 3.5 Elimination, bowel/urinary.
- 3.6 Cognitive/perceptual pattern.
- 3.7 Activity/exercise pattern.
- 3.8 Sleep/rest pattern.

3.9 Health/health management pattern.

3.10 Nutritional-metabolic pattern.

3.11 Values and Beliefs.

4.0 Apply behavioural change theory to personal and inter professional situations.

4.1 Explain change theories and models.

4.2 Describe the stages of change.

4.3 Explain factors influencing behavioural change decisions.

4.4 Identify behavioural change techniques.

4.5 Propose strategies for dealing with resistance to change.

GENERAL EDUCATION

This is not a General Education course.

PROGRAM OUTCOMES

This course contributes to the following Ministry of Colleges and Universities approved program learning outcomes (PLO):

Practical Nursing

2. assess clients across the life span, in a systematic and holistic manner.
3. plan safe and competent nursing care, based upon a thorough analysis of available data and evidence-informed practice guidelines.
4. select and perform nursing interventions using clinical judgment, in collaboration with the client and, where appropriate, the health care team, to promote health and well-being, prevent disease and injury, maintain and/or restore health, promote rehabilitation, and/or provide palliation.
5. evaluate the outcomes resulting from all interventions in the nurse-client interaction and modify the plan of care as required.

ESSENTIAL EMPLOYABILITY SKILLS OUTCOMES

This course contributes to the following Ministry of Colleges and Universities approved essential employability skills (EES) outcomes:

1. Communicate clearly, concisely, and correctly in the written, spoken, and visual form that fulfils the purpose and meets the needs of the audience.
2. Respond to written, spoken, or visual messages in a manner that ensures effective communication
4. Apply a systematic approach to solve problems
5. Use a variety of thinking skills to anticipate and solve problems
6. Locate, select, organize, and document information using appropriate technology and information systems.
7. Analyse, evaluate, and apply relevant information from a variety of sources.
8. Show respect for the diverse opinions, values, belief systems, and contributions of others
9. Interact with others in groups or teams in ways that contribute to effective working relationships and the achievement of goals.
10. Manage the use of time and other resources to complete projects.

11. Take responsibility for one's own actions, decisions, and consequences.

EXTERNAL COURSE ACCREDITATIONS AND CONDITIONS

This course is a compulsory course within the Practical Nursing Program, as reviewed and approved by the College of Nurses of Ontario.

COURSE EVALUATION

Quizze(s)/test(s)/exam(s) - 90%

Assignment(s) - 10%

PROGRAM SPECIFIC GRADING

Successful completion of this course requires a minimum grade of C.

GRADING SYSTEM

A+:	90-100%	B+:	77-79%	C+:	65-69%	D:	50-54%	S - Satisfactory
A:	85-89%	B:	73-76%	C:	60-64%	F:	0-49%	I - Incomplete
A-:	80-84%	B-:	70-72%	D+:	55-59%			F- Repeat Course, included in GPA
								FS- Failure Supplemental
								FR- Repeat course, excluded from GPA

*For a complete chart of grades and descriptions, please see the Grading Policy.

LEARNING RESOURCES

No textbooks have been identified for this course.

Other Resources:

Personal computer and internet

Required:

Clinical Learning Suite (CLS) which includes Canadian Fundamentals of Nursing- 6th Edition (Potter, P.A., Perry, A.G., Stockert, P., Hall, A., Astle, A., Duggleby, W. (2019) and Calculate with Confidence - 2ed (Gray Morris, D.& Brown, M. (2021).

Package ISBN: 9780323979177 Print

Ebook Bundles available directly on Elsevier E-Comm Site.

Resources listed on the course outline support the achievement of learning outcomes, and may be used throughout the course to varying degrees depending on the instructor's teaching methodology and the nature of the resource.

Technology requirements - <https://www.canadorecollege.ca/BYOD>

The Harris Learning Library's staff can help you find resources to support your learning - www.eclibrary.ca

LEARNING ACTIVITIES

Discussions, web-based activities, small group work

DELIVERY MODE

This course may be delivered, in whole or in part, in a number of modalities, including in class, online, hybrid, in a synchronous or asynchronous manner or a combination thereof, as per accreditation and/or regulatory standards where appropriate.

RECORDING GUIDELINES

This class may be recorded by faculty of the College. Faculty will inform students when recording of the class commences and ceases. 'Recorded' means that the audio-visual and chat portions of the class will be recorded and then be stored on the College or vendor provider server. They will be made available to students, but only for the express and sole use of those registered in this course. If you have any questions or concerns about this recording, please contact your instructor or the College's privacy officer at privacy.officer@canadorecollege.ca. Full recording guidelines can be found at: <https://cdn.agilitycms.com/canadore-college/academic-centre-of-excellence/Canadore%20Recording%20Guidelines.pdf>

INTERPROFESSIONAL EDUCATION

All full-time programs of study at Canadore College strive to provide students with opportunities for interprofessional education. This course provides students with interprofessional education through:

Core course content
Projects

ACADEMIC POLICIES

Canadore College is committed to the highest standards of academic integrity, and expects students to adhere to these standards as part of the learning process in all environments. The College's Academic Integrity policy seeks to ensure that all students understand their rights and responsibilities in upholding academic integrity and that students receive an accurate and fair assessment of their work. Please review the Academic Integrity

policy (A-18) and other academic policies found on our website:
<https://www.canadorecollege.ca/about/policies>.

COLLEGE POLICIES

- Protecting human rights in support of a respectful college community

For college policies please see: <http://www.canadorecollege.ca/about-us/college-policies>.

STUDENT SUCCESS SERVICES - Your Success Matters!

Student Success Services provides student-focused services to facilitate students' success in their studies. Staff provide support by reducing and/or removing educational-related barriers through individualized accommodations and supports to students with disabilities.

Please visit our webpage to learn more: <https://www.canadorecollege.ca/support/student-success-services> or look for our events on social media.

To connect with Student Success Services email studentsuccessnow@canadorecollege.ca or call 705.474.7600 ext 5205.

FIRST PEOPLES' CENTRE:

A culturally safe environment offering CONFIDENTIAL student focused services, drop in or make an appointment to access:

- One on one counselling
- Elder in residence program
- Peer tutoring
- Peer mentorship
- Lunch & learn workshops on study skills, self-care, life skills
- Learning Resource Centre

Drop by our offices at C254 College Drive, E101 Commerce Court or call 705 474 7600 Ext. 5961 College Drive / 5647 Commerce Court.

<https://www.canadorecollege.ca/experience/indigenous-student-experience>

WAIVER OF RESPONSIBILITY

Every attempt is made to ensure the accuracy of this information as of the date of publication. The college reserves the right to modify, change, add, or delete content.

HISTORICAL COURSE OUTLINES

Students use course outlines to support their learning. Students are responsible for retaining course outlines for future use in applications for transfer of credit to other educational institutions.