

COURSE NAME: PNE125 Health Assessment

Credit Value: 3
Total Course Hours: 42
Prerequisite Course(s): IAP100
Corequisite Course(s): IAP 120

COURSE DESCRIPTION

This course will provide the learner with the skills required to conduct a holistic health assessment for a normal healthy individual during all stages of the lifespan, with more of the focus on the adult individual. The concepts of wellness, health promotion, health protection and client teaching will be integrated throughout the course. This course has two components: theory lecture and laboratory practicum.

LAND ACKNOWLEDGEMENT

Canadore College resides on the traditional territory of the Anishinaabeg and within lands protected by the Robinson Huron Treaty of 1850. This land is occupied by the people of Nipissing First Nation, Treaty #10 in the Robinson Huron Treaty of 1850 since time immemorial.

PLAR INFORMATION

This course is eligible for Prior Learning Assessment and Recognition. Students are advised to discuss options with their program coordinator.

COURSE LEARNING OUTCOMES

Upon completion of this course, the student will have reliably demonstrated the ability to:

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| <p>1.0 Utilize a framework to conduct a holistic health assessment for a healthy individual during all stages of the lifespan.</p> <ul style="list-style-type: none">1.1 Discuss the purpose of health assessment.1.2 Explore frameworks that guide health assessment. <p>2.0 Perform a comprehensive health examination of a healthy individual.</p> <ul style="list-style-type: none">2.1 Describe the impact of communication skills on the interview process.2.2 Discuss how to adapt interview techniques to facilitate a health assessment.2.3 Discuss ethno-cultural factors to be considered in the performance of a health assessment.2.4 Discuss elements of a nursing health history.2.5 Review a nursing health history for each body system.2.6 Organize assessment data using a framework.2.7 Identify the appropriate equipment/technology used in a physical examination including current and evidence | <p>based assessment tools (GCS, Braden scale, MMSE).</p> <ul style="list-style-type: none">2.8 Demonstrate the correct use of the equipment/technology.2.9 Demonstrate basic physical examination techniques for each body system.2.10 Discuss how to adapt physical examination techniques to various age groups.2.11 Discuss examination techniques specific to each body system.2.12 Identify age related variations and basic deviations from expected findings and the need for enhanced assessments and/or inter-professional collaboration.2.13 Perform a basic physical examination utilizing a framework. <p>3.0 Integrate basic health promotion strategies during health assessment.</p> <ul style="list-style-type: none">3.1 Identify appropriate health and lifestyle teaching to be provided during a nursing health history and a basic physical examination. <p>4.0 Lecture/Lab Specific Outcome</p> <ul style="list-style-type: none">4.1 Demonstrate appropriate professional |
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behaviour (defined by the Canadore College Practical Nursing Student Success Guide).

4.2 Identify self as a beginning practical nursing student in caring relationships with others using the nursing process.

4.3 Communicate clearly, concisely and accurately while introducing self and obtaining consent from the patient.

4.4 Engage in therapeutic communication, integrating appropriate medical terminology, throughout the nurse-patient interaction while explaining procedures and engaging patient

participation in care.

4.5 Demonstrate appropriate hand hygiene and routine precautions to safeguard against transmission of organisms.

4.6 Develop time management skills to prioritize and organize assessments in the lab.

4.7 Demonstrate accountability in their learning and in their nursing actions, based on accepted standards of nursing care, course expectations and in accordance with standards of professional practice.

GENERAL EDUCATION

This is not a General Education course.

ESSENTIAL EMPLOYABILITY SKILLS OUTCOMES

This course contributes to the following Ministry of Colleges and Universities approved essential employability skills (EES) outcomes:

4. Apply a systematic approach to solve problems
5. Use a variety of thinking skills to anticipate and solve problems
6. Locate, select, organize, and document information using appropriate technology and information systems.
7. Analyse, evaluate, and apply relevant information from a variety of sources.
10. Manage the use of time and other resources to complete projects.
11. Take responsibility for one's own actions, decisions, and consequences.

EXTERNAL COURSE ACCREDITATIONS AND CONDITIONS

This course is a compulsory course within the Canadore College Practical Nursing program, as reviewed and approved by the College of Nurses of Ontario

COURSE EVALUATION

Quizzes/Tests/Exam/Assignments worth 50 % of final grade: Minimum average grade of 60% must be achieved
Lab Skill Testing worth 50 % of final grade: Minimum grade of 70% must be achieved in each Lab Skill Testing to be successful for the lab testing portion

The final grade will only be calculated when both components have been successfully achieved as described above. Failure to successfully achieve a singular component will result in an F grade.

PROGRAM SPECIFIC GRADING

Successful completion of this course requires a minimum grade of C overall and success on meeting the Lab specific outcomes

GRADING SYSTEM

A+:	90-100%	B+:	77-79%	C+:	65-69%	D:	50-54%	S - Satisfactory
A:	85-89%	B:	73-76%	C:	60-64%	F:	0-49%	I - Incomplete
A-:	80-84%	B-:	70-72%	D+:	55-59%			F- Repeat Course, included in GPA
								FS- Failure Supplemental
								FR- Repeat course, excluded from GPA

*For a complete chart of grades and descriptions, please see the Grading Policy.

LEARNING RESOURCES

No textbooks have been identified for this course.

Other Resources:

Required:

Elsevier Clinical Learning Suite (CLS)

Student Success Guide 2022/2023

Jarvis, C. (2019). Physical Examination and Health Assessment (3rd Canadian ed).

W.B. Saunders Company: Toronto.

ISBN- 9781771721547 or Ebook PNE 125

Lab Kit - (For Lab Practice) - Available at Bookstore

Recommended Texts:

Jarvis, C. (2019). Pocket Companion for Physical Examination and Health Assessment (3rd Canadian Edition).

W.B. Saunders Company: Toronto.

ISBN 9781771721493

Resources listed on the course outline support the achievement of learning outcomes, and may be used throughout the course to varying degrees depending on the instructor's teaching methodology and the nature of the resource.

Technology requirements - <https://www.canadorecollege.ca/BYOD>

The Harris Learning Library's staff can help you find resources to support your learning - www.eclibrary.ca

LEARNING ACTIVITIES

Onsite/virtual class and in person lab activities

DELIVERY MODE

This course may be delivered, in whole or in part, in a number of modalities, including in class, online, hybrid, in a synchronous or asynchronous manner or a combination thereof, as per accreditation and/or regulatory standards where appropriate.

RECORDING GUIDELINES

This class may be recorded by faculty of the College. Faculty will inform students when recording of the class commences and ceases. 'Recorded' means that the audio-visual and chat portions of the class will be recorded and then be stored on the College or vendor provider server. They will be made available to students, but only for the express and sole use of those registered in this course. If you have any questions or concerns about this recording, please contact your instructor or the College's privacy officer at privacy.officer@canadorecollege.ca. Full recording guidelines can be found at: <https://cdn.agilitycms.com/canadore-college/academic-centre-of-excellence/Canadore%20Recording%20Guidelines.pdf>

EXPERIENTIAL LEARNING

All full-time programs of study at Canadore College strive to provide students with the opportunity for experiential learning. This course provides students with an experiential learning opportunity through:

Workplace/Lab Simulation (EL)

ACADEMIC POLICIES

Canadore College is committed to the highest standards of academic integrity, and expects students to adhere to these standards as part of the learning process in all environments. The College's Academic Integrity policy seeks to ensure that all students understand their rights and responsibilities in upholding academic integrity and that students receive an accurate and fair assessment of their work. Please review the Academic Integrity policy (A-18) and other academic policies found on our website:

<https://www.canadorecollege.ca/about/policies>.

COLLEGE POLICIES

- Protecting human rights in support of a respectful college community

For college policies please see: <http://www.canadorecollege.ca/about-us/college-policies>.

STUDENT SUCCESS SERVICES - Your Success Matters!

Student Success Services provides student-focused services to facilitate students' success in their studies. Staff provide support by reducing and/or removing educational-related barriers through individualized accommodations and supports to students with disabilities.

Please visit our webpage to learn more: <https://www.canadorecollege.ca/support/student-success-services> or look for our events on social media.

To connect with Student Success Services email studentsuccessnow@canadorecollege.ca or call 705.474.7600 ext 5205.

FIRST PEOPLES' CENTRE:

A culturally safe environment offering CONFIDENTIAL student focused services, drop in or make an appointment to access:

- One on one counselling
- Elder in residence program
- Peer tutoring
- Peer mentorship
- Lunch & learn workshops on study skills, self-care, life skills
- Learning Resource Centre

Drop by our offices at C254 College Drive, E101 Commerce Court or call 705 474 7600 Ext. 5961 College Drive / 5647 Commerce Court.

<https://www.canadorecollege.ca/experience/indigenous-student-experience>

WAIVER OF RESPONSIBILITY

Every attempt is made to ensure the accuracy of this information as of the date of publication. The college reserves the right to modify, change, add, or delete content.

HISTORICAL COURSE OUTLINES

Students use course outlines to support their learning. Students are responsible for retaining course outlines for future use in applications for transfer of credit to other educational institutions.