CANADORE
college

COURSE NAME:	PSW205 Mental Health, Cognitive Impairment, Common Diseases and Conditions

Credit Value:	3
Total Course Hours:	36
Prerequisite Course(s):	PSW185, PSW152, PSW180, PSW162
Corequisite Course(s):	/

COURSE DESCRIPTION

Students will have a clearer understanding of mental health, interpersonal communication, and socio-cultural influences on mental health as well as the effects on everyday life. Identify common coping and defense mechanisms. Describe developmental disabilities, and describe the role of a PSW in relation to assessment of a client.

PLAR INFORMATION

This course is eligible for Prior Learning Assessment and Recognition. Students are advised to discuss options with their program coordinator.

COURSE LEARNING OUTCOMES

Upon completion of this course, the student will have reliably demonstrated the ability to:

1.0 Describe the causes, effects, and barriers related to speech and language disorders

    1.1 Describe types of aphasia

    1.2 Describe apraxia of speech

    1.3 Describe dysarthria

    1.4 Describe how speech and language disorder are treated

    1.5 Identify what communication aides are and how they assist the client

    1.6 Describe the emotional effects of a language disorder

    1.7 Describe how to communicate with clients with language disorders

2.0 Describe the causes, effects, and barriers related to hearing and vision disorders

    2.1 Describe the major ear and eye disorders

    2.2 Describe how hearing loss and vision loss effects the client and thier family

    2.3 Describe aids for clients with hearing or vision disorders

    2.4 Examine how to care for clients with hearing or vision loss

3.0 Describe and differentiate between disorientation, delirium and dementia while examining their causes

    3.1 Differentiate between normal and abnormal mental changes related to aging

    3.2 List measures that help clients who are disorientated

    3.3 Describe how you would support a person with dementia and the possible causes.

    3.4 Examine the signs, symptoms and stages of dementia

    3.5 Explain why depression is often associated with dementia

    3.6 List examples of challenging or responsive behaviours and possible causes

    3.7 Describe how caring for family members with dementia can affect the primary caregivers

4.0 Examine the impact a developmental disorder or disability can have on client's

    4.1 Identify common developmental disorders and disabilities and describe thier causes

    4.2 Discuss how common developmental disorder and disabilities affect functioning

    4.3 Describe and understand how to care for clients with development disorders and disabilities

5.0 Describe the major mental health disorders and their effect on everyday life.

    5.1 List factors that may conribute to mental health disorders

5.2 Describe the stigma experienced by people with mental health dsorders

5.3 Describe the effects of mental health disorders on families

5.4 Explain the importance DIPPS when supporting clients with mental health disorders and thier families

5.5 Explain how culture can influence the interpretation or treatment of mental illness

5.6 Define the following disorders and desribe

how to support clients with these disorders: Schizophrenia spectrum disorders, depressive disorders, trauma and stress related disorders, feeding and eating disorders, suicidal behaviour, substance-related addiction, bipolar, anxiety, obsessive compulsive and related disorders, sleep-wake disorders, disruptive, impulse-control and conduct disorders, and personality disorders

GENERAL EDUCATION

This is not a General Education course.

PROGRAM VOCATIONAL OUTCOMES

This course contributes to the following Ministry of Training, Colleges and Universities approved program vocational learning outcomes (PVLO):

Personal Support Worker

1. Work within the personal support worker role in community, retirement homes, long-term care homes and/or hospital care settings in accordance with all applicable legislation and employer's job description, policies, procedures and guidelines.

2. Act responsibly and be accountable for own actions while recognizing the boundaries of knowledge and skills within the personal support worker role that require collaboration with the clients, families, supervisors and/or other members of the interprofessional care/service team.

3. Participate as a member of the interprofessional care/service team and maintain collaborative working relationships in the provision of supportive care in community, retirement homes, long-term care homes and/or hospital care settings.

4. Provide client-centred and client-directed care that is based on ethical principles, sensitive to diverse client and family values, beliefs and needs, and which follows the direction of the plan of care/service plan.

5. Establish and maintain helping relationships with clients and their families reflecting open communication, professional boundaries, employer's policies and adhering to confidentiality and privacy legislation.

6. Identify relevant client information using basic assessment and communication skills and report and document findings in accordance with the requirements of employer policies and procedures and all applicable legislation.

7. Promote and maintain a safe and comfortable environment for clients, their families, self and others including the implementation of infection prevention and control measures and emergency first aid procedures that are in keeping with the plan of care/service plan, employer policies and procedures, and all applicable legislation.

8. Assist clients across the lifespan with routine activities of daily living by applying basic knowledge of growth and development, common alterations in functioning, disease prevention, health promotion and maintenance, rehabilitation and restorative care.

9. Assist clients with medication in keeping with the direction of the plan of care/service plan and under the direction and monitoring of a regulated health professional or most accountable person and in accordance with all applicable legislation and employer's policies.

10. Assist with household management tasks and instrumental activities of daily living in accordance with the plan of care/service plan and considering the preferences, comfort and safety of clients, families and significant others.

11. Assist clients who are caring for dependent individuals considering client and family choices, professional boundaries and the direction of the plan of care/service plan.

12. Identify and report situations of neglect, and potential, alleged or witnessed/actual incidents of abuse, and respond in accordance with all applicable legislation and employer's policies and procedures.

13. Assist in the provision of culturally relevant palliative and end-of-life care to clients experiencing life threatening illness and to their families and significant others, from diagnosis through death and bereavement, and in accordance with clients' choices and the plan of care/service plan.

14. Use identified approaches and best practices to support positive and safe behaviour in clients experiencing cognitive impairment, mental health challenges and/or responsive behaviours.

ESSENTIAL EMPLOYABILITY SKILLS OUTCOMES

This course contributes to the following Ministry of Training, Colleges and Universities approved essential employability skills (EES) outcomes:

1. Communicate clearly, concisely, and correctly in the written, spoken, and visual form that fulfils the purpose and meets the needs of the audience.

2. Respond to written, spoken, or visual messages in a manner that ensures effective communication

3. Execute mathematical operations accurately

4. Apply a systematic approach to solve problems

5. Use a variety of thinking skills to anticipate and solve problems

8. Show respect for the diverse opinions, values, belief systems, and contributions of others

9. Interact with others in groups or teams in ways that contribute to effective working relationships and the achievement of goals.

10. Manage the use of time and other resources to complete projects.

11. Take responsibility for one's own actions, decisions, and consequences.

EXTERNAL COURSE ACCREDITATIONS AND CONDITIONS

Must meet the standards of the Ministry of College and Universities and the Ministry of Health and Long Term Care.

In order to succeed in PSW 210 a mark of 65% or greater must be obtained.

COURSE EVALUATION

Tests, Discussion, In-Class activities 50%
Collaborative Assignment 30%
Final Exam 20%

PROGRAM SPECIFIC GRADING

65%

College Policies

Credit Transfer
N/A

Plagiarism
To Come

Academic Appeal
http://www.canadorecollege.ca/sites/default/files/images/Policies%20and%20Procedures/01-Academic%20Appeal%20Policy.pdf

Attendance
http://www.canadorecollege.ca/sites/default/files/images/Policies%20and%20Procedures/05-Class%20attendance-09.pdf

Assignment/Testing
N/A

Human Rights/Respectful College
http://www.canadorec.on.ca/about-us/creating-respectful-student-community

Student Services

First People's Centre
Student Success
(Dial 5185 for Campus Life or 5301 for the First People's Centre)
Canadore is committed to Student Success and offers CONFIDENTIAL services to help you in your studies.
Counselling helps with academic, career and personal/crisis issues.
Accessibility Services will accommodate you if you have physical, mobility, visual, auditory, medical and/or learning disabilities.
Health Centre provides services to you in case of illness.
Career Services offers career advice, resume and interviewing workshops.

Accessibility

Student Advising

GRADING SYSTEM

A+:	90-100%	B+:	77-79%	C+:	65-69%	D:	50-54%	S - Satisfactory
A:	85-89%	B:	73-76%	C:	60-64%	F:	0-49%	I - Incomplete
A-:	80-84%	B-:	70-72%	D+:	55-59%			F - Repeat course

*For a complete detailed description please refer to the College website.

LEARNING RESOURCES

Sorrentino, Sheila A., Remmert, Leighann N., Wilk, Mary J., Canadian Textbook for the Support Worker &
Workbook Package 4th Ed 2018, Elseivier ISBN 978 1 77172 132 5

Resources listed on the course outline support the achievement of learning outcomes, and may be
used throughout the course to varying degrees depending on the instructor's teaching methodology
and the nature of the resource.

LEARNING ACTIVITIES

Theory and Presentation

Delivery Mode
1. In Class
2. Online

Assessment and Evaluation

Course Evaluation Strategy (Assignments, Case Studies, Debates, Portfolio, Quizzes, Tests, Exams, etc.)

Test #1	15%
Test #2	15%
Test #3	15%
Major Assignment - Mental Health Presentation	25%
Final Exam	30%

Program Specific Grading (i.e.: % to pass, # hrs.)
65%

College Policies

Credit Transfer

N/A

Plagiarism

To Come

Academic Appeal

http://www.canadorecollege.ca/sites/default/files/images/Policies%20and%20Procedures/01-Academic%20Appeal%20Policy.pdf

Attendance

http://www.canadorecollege.ca/sites/default/files/images/Policies%20and%20Procedures/05-Class%20attendance-09.pdf

Assignment/Testing

N/A

Human Rights/Respectful College

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Counselling helps with academic, career and personal/crisis issues.
Accessibility Services will accommodate you if you have physical, mobility, visual, auditory, medical and/or learning disabilities.
Health Centre provides services to you in case of illness.
Career Services offers career advice, resume and interviewing workshops.

Accessibility

Student Advising

Notes/Disclaimers

Waiver of Responsibility

Every attempt is made to ensure the accuracy of this information as of the date of publication. The college reserves the right to modify, change, add, or delete content.

Historical Course Outlines

Students use course outlines to support their learning. They are responsible for retaining course outlines for future use in applications for transfer of credit to other educational institutions.

DELIVERY MODE

Classroom and Simulation

ACADEMIC POLICIES

- Academic Integrity
- Academic Appeal
- Academic Attendance
- Grading and Assessment

For academic policies please see: http://www.canadorecollege.ca/about-us/corporate-policy-manual.

COLLEGE POLICIES

- Protecting human rights in support of a respectful college community

For college policies please see: http://www.canadorecollege.ca/about-us/college-policies.

STUDENT SUCCESS SERVICES - Your Success Matters!

http://canadorecollege.ca/studentsuccessservices

The ultimate goal of Student Success Services is to support students so they can achieve success academically, in their career aspirations, and in their personal lives. Student Success Services offers CONFIDENTIAL comprehensive, student-focused services designed to guide you to success.

Student Success Navigators provide support in the following areas:	On-Campus Support Services
• Peer support network • Learning strategies	• Student triage navigator • Individualized guidance, consulting and support

• Crown ward support • Mental health and wellness • Crisis and personal support • Time management • Prioritization and organization	• Peer tutoring, academic supports and learning strategies • Media resources • Open access to computer labs • Student success resource centre • Mature student testing • Emergency food bank • Summer transition program • Co-curricular record • Workshops (coping with stress) • Health centre

FIRST PEOPLES' CENTRE:

A culturally safe environment offering CONFIDENTIAL student focused services, drop in or make an appointment to access:

- One on one counselling
- Elder in residence program
- Peer tutoring
- Peer mentorship
- Lunch & learn workshops on study skills, self-care, life skills
- Learning Resource Centre

Drop by our offices at C254 College Drive, E101 Commerce Court or call 705 474 7600 Ext. 5961 College Drive / 5647 Commerce Court.

WAIVER OF RESPONSIBILITY

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HISTORICAL COURSE OUTLINES

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ADDITIONAL DISCLAIMER NOTE

Please note, you must be present in class in order to participate in IN-CLASS ACTIVITIES