

## Indigenous Wellness and Addictions Prevention

### Program Learning Outcomes

Learning outcomes represent culminating demonstrations of learning and achievement. In addition, learning outcomes are interrelated and cannot be viewed in isolation of one another. As such, they should be viewed as a comprehensive whole. They describe performances that demonstrate that significant integrated learning by graduates of the program has been achieved.

The graduate has reliably demonstrated the ability to

1. identify and demonstrate the use of various assessment techniques as it pertains to addictions counselling to identify client issues and needs in a helping relationship, including physiological and psychological effects on the human body and wellness.
2. explain the effects chemical and alcohol dependence have on wellness (physical, emotional, mental and spiritual).
3. examines and applies relevant addictions helping intervention strategies and techniques suitable for working with Native individuals, families and groups within a wellness paradigm including treatment planning, crises intervention and prevention services.
4. apply effective written and oral communication skills in addictions counselling to communicate with clients, prepare reports, read and interpret public information documents, legislation or records as an integral part of the helping process.
5. demonstrate professional ethics and integrity and the appropriate use of inter-professional education skills.
6. apply basic principles, concepts and skills of group work and discusses considerations for group work within a First Nations context.
7. demonstrates the appropriate use of traditional Native helping practices and culturally appropriate service approaches.
8. analyze historical and post-colonial policies and their impacts on First Nations people in Canada.
9. discusses addiction theory and conceptions and demonstrates practical application of theory in the helping process; analyzes implications within a Canadian First Nations context, including considerations for holistic community development models for social change.